

By the Community, for the Community

When you think of October, pumpkins, Halloween and beautiful fall foliage usually come to mind. But October is notable for another reason – it's National Co-op Month! This is the time of year when cooperatives across the country celebrate who we are, and more importantly, the members we serve.

Cooperatives are different than other types of businesses. When the market declines to offer a product or service, or does so at a very high price, co-ops intervene to fill the need.

Your electric co-op exists to provide safe, reliable and affordable energy to you, the members of the co-op. Equally important is our mission to enrich the lives of the members we serve.

As a co-op we are well-suited to meet the needs of the community because we are locally governed. NorVal Electric's leadership team and employees live right here in the community. Our Board of Directors who help set long-term priorities for the co-op live locally on co-op lines. These Board Members have been elected to their position by neighbors like you.

We know our members (that's you!) have a valuable perspective. That's why we are continually seeking your input. Whether through community events, our social media channels or the Annual Meeting, we want to hear from you.


Our close connection to the community ensures we get a

first-hand perspective on local priorities, thereby enabling us to make more informed decisions on long-term investments, such as community programs, equipment and technology upgrades and electric vehicle programs.

Another feature that sets our co-op apart from a traditional utility is one of our core principles, "Concern for Community."

We partner with local organizations like 4-H, Glasgow Kiwanis Swim Team, American Legion, the VFW and so many other community-enriching programs. In addition to monetary support, our employees donate hundreds of hours every year to the associations throughout our service territory. They coordinate and donate to blood drives, coach sports teams, participate in youth activities and give wholeheartedly to the sweet youngster selling raffle tickets! Finally, we send a youth to the Electric Cooperative Youth Tour,

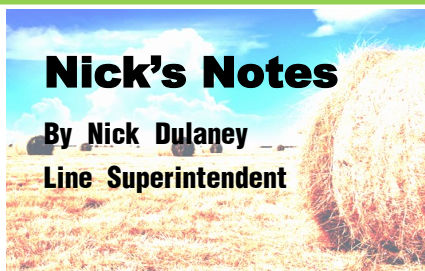
where we take our community's brightest young people to Washington, D.C. for a week-long immersion to experience democracy in action.

We hope you will think of NorVal Electric as more than your energy provider, but instead as a local business that supports the communities throughout the service territory, and powers economic development and prosperity for the people we serve. 



Nick's Notes

By Nick Dulaney
Line Superintendent



Happy October! With the cooler weather, please remember to check your furnace filters and change your smoke alarm batteries!

Surge Arresters

In the Peerless Substation, we've changed out surge arresters which will help protect equipment from surges caused by lightning or switching, as well as high side fuse holders.

Line Retirements

We are ramping up efforts to remove idle services that haven't been used in months, or in some cases, even years. These abandoned services cost the co-op money. If you receive one of the certified letters, please fill out the enclosed form and return to us ASAP.

Whatley Meter Change Outs

The crews will be working in the Whatley area to change out meters from the Turtle system to the PLX meters. The area goes from East of Whatley Sub, along Highway 2 to Nashua, then North and South of the highway.

Overhead to Underground Conversion

Along the Willow Creek and Maxness Roads, we will be working to convert the existing overhead three phase line into underground. This project is intended to not only optimize capacity to the Pines Recreation Area, but increase reliability to this remote area of the system.

Unplanned Power Interruptions

Please remember when you think you have an outage first check your breakers beneath the meter and then call your neighbors. Your quick check on these two things can save the crew hours of drive time for something as simple as a tripped breaker!

We'll see you at the Annual Meeting October 22nd!



Pumpkin Protein Pancakes

Ingredients

- 2-3 tbsp. butter, for frying
- 4 egg whites
- 1 cup pumpkin puree
- 2 cups vanilla protein powder
- 1 tsp. pumpkin spice
- 1 tsp. baking powder




Directions

In a large bowl, mix all ingredients together until just combined. Heat butter in large frying pan over medium heat. Add a small spoonful of pancake mixture to test, making sure skillet is hot enough to add pancake batter. Once bottom of tester pancake starts to form, flip and then remove from heat. Add pancake batter by large ladle scoop, cooking four pancakes at a time and flipping once bottom starts to form, about 5 minutes.

*You can freeze these for up to 2 months, and reheat in the microwave on high for 90 to 120 seconds or in toaster.

Topping ideas:

Shredded coconut, almond butter, pumpkin seeds, chopped walnuts or pecans, maple syrup, homemade whipped cream. 

Top 10 Reasons to Attend Your Annual Meeting

#10. Homemade Pie!



#9. Kids are welcome!



#8. We're cooking so you don't have to!



#7. Every kid who attends will win a prize! (7A) Two kids will win new bikes!

prizes!

#6. Homemade Pie!



#5. It's our first Tuesday Night Meeting in decades!

**HOORAY
-FOR-
TUESDAY
YAY!**

#4. The Valley County Health Nurses will be there! Get your Flu Shot and your blood pressure taken!



#3. Farver Farms will be there with samples!

*Farver
Farms*
Since 1954

#2. Door Prizes!








#1. Homemade Pie!



The NorVal Electric Cooperative Annual Meeting of the Members will be October 22, 2019 at the Lustre High School Gymnasium. Registration begins at 4:30 p.m. Dinner is at 5:30 p.m. Business Meeting is at 6:30 p.m.

Connect With Us

-  54091 US Hwy 2 W., Glasgow
 -  PO Box 951, Glasgow, MT 59230
 -  406-228-9351
 -  www.norval.coop
 -  facebook.com/norvalelectric
- This institution is an equal opportunity provider and employer.

NorVal Electric Cooperative Directors

District 1	Lee Risa	762-3247
District 2	Sam Gundermann	724-3405
District 3	Rick Molvig <i>Vice Pres.</i>	367-5328
District 4	Chris Christensen	364-2367
District 5	Kurt Breigenzer <i>S/T</i>	228-9465
District 6	Ron Reddig <i>President</i>	392-5257
District 7	Rocky Kittleson	367-5366
District 7	Gary Meyer	526-3600

Energy Efficiency Tip of the Month

Heating requires more energy than any other system in your home, typically making up about 42% of your energy bill. With proper equipment maintenance and upgrades like additional insulation and air sealing, you can save about 30% on your energy bill.

Source: energy.gov

